

Safe Motherhood and Breast Feeding

Topic: Safe Motherhood & Breast Feeding

Date: 3/8/2021

Time: 11.30pm

Place: Webinar

Report: On the eve of **World Breast Feeding Week Celebrations**, with the collaboration of Dr.Pinnamaneni Siddhartha Institute of Medical Sciences and Research Foundation, the Department organized a webinar on “**Safe Motherhood And Breast Feeding**” by Dr. Asha Praveen Sayyad, Assistant Professor, Department of Community Medicine, and Dr. J.Ravi Kumar, Professor & HOD, Department of Community Medicine, Dr.PISMS & RF on 3rd August, 2021. **Dr. Asha Praveen Sayyad** explained the importance of the breast feeding and breast hygiene practices. She also educated about the good food like lactogenic foods to increase milk production. **Dr. J.Ravi Kumar** enlightened the students to get aware about the colostrum & importance of lactating nutrition and also encourage the participants to educate the public and pregnant women about first 1000days nutrition.

Total participants: 98 participants

