

## NUTRITIOUS RECIPIES WITH ORGANIC FOODS

**Preamble:** Seminar on Nutritious Recipes with Organic Foods.

**Date:** 03-09-2015.

**Time:** 10:00 a.m. - 4p.m.

**Venue:** Seminar Hall, SDMSM Kalasala.

**Resource Person:** Dr.G. Durga Prasad M.D

Smt.G.Padmaja, Nutritionist

**Report:** On the occasion of National Nutrition Week, the department conducted a seminar in collaboration with Jeevanamrutha. Dr. G. Durga Prasad and Smt.G. Padmaja addressed the students on the role of organic foods in making health better. They explained that India has a good source of varieties of millets which are more nutritious compared to cereals.

