

## Guest Lecture on “Food Adulteration and its Impact”

Arranged a guest lecture on *Food Adulteration and its Impact* on 10-09- 2015.

### Participants:

A total number of 80 students and faculty.

### Resource person:

Dr.Geetha Swaminathan, Former Vice-Principal, Stella Maris College, Chennai.

### Description of the programme:

The resource person explained how the adulteration lowers the quality of food and how some forms of adulteration are injurious to health. She felt that the adulteration process not only leads to toxicity in the body but also causes paralysis or death. Sometimes it also leads to heart failure, liver and kidney disorders or affects overall health. She has given many examples of food adulteration in the food intake in daily life. By this lecture students understood the process by which the quality of the naturally given food is reduced through the addition of adulterants.



**“Earth provides enough to satisfy every man’s need.**

**But not for every man’s greed” - Mahatma Gandhi**