

A Report on Faculty Development Programme

on

Value Added Products of Cereals and Millets

by

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Millets were indeed one of the oldest foods known as humans but they were discarded in favour of Wheat and Rice with urbanisation and industrialisation. These Millets help every individual to maintain balanced and healthy life so again to bring them into the usage the department of Applied Nutrition taken initiative to invite Dr.E.Karuna Sri, Sr Scientist & Head, Krishna Vignan Kendra, Venkata Ramanna Gudem to provide information and educate members of the faculty how to use Millets and protect their health.

Dr.E.Karuna Sri says tasty food always creates bitterness to the health. In this connection she advised to eat Millets to the maximum extent to keep good health. Millets controls gluten and it is non allergic. She also says that the government policies are going to be strengthened for Millet promotion during different plan periods for the welfare of the people.

